

CONCLUDING PRAYERS

HAIL, HOLY QUEEN, Mother of Mercy, our life, our sweetness, and our hope! To you we cry, poor banished children of Eve; to you we send up our sighs, mourning and weeping in this valley of tears. Turn then, most gracious advocate, your eyes of mercy toward us; and after this our exile, show to us the blessed fruit of your womb, Jesus. O clement, O loving, O sweet Virgin Mary:

V. Pray for us, O holy Mother of God.

R. That we may be made worthy of the promises of Christ.

O GOD, whose only begotten Son, by his life, death, and resurrection, has purchased for us the rewards of eternal life, grant, we beseech you, that by meditating upon these mysteries of the Most Holy Rosary of the Blessed Virgin Mary, we may imitate what they contain and obtain what they promise, through the same Christ our Lord. Amen.

IN THE NAME of the Father, and of the Son, and of the Holy Spirit. Amen.

WEEKLY PLAN FOR RECITING THE ROSARY

Sunday—Glorious Mysteries; Monday—Joyful Mysteries;
Tuesday—Sorrowful Mysteries; Wednesday—Glorious Mysteries;
Thursday—Luminous Mysteries; Friday—Sorrowful Mysteries;
Saturday—Joyful Mysteries.



SOURCES: Joyful, Sorrowful, and Glorious Mysteries adapted from *The Scriptural Rosary*, © 1961, 1989 by the Christianica Center. Luminous Mysteries adapted from the *Workbook and Study Guide [on the] Apostolic Letter Rosarium Virginis Mariae (on the Most Holy Rosary) of the Supreme Pontiff John Paul II*. “Come, Holy Spirit” prayer from *To the Priests, Our Lady’s Beloved Sons*, © 2000 by the Marian Movement of Priests. Intentions for each decade from *The Imitation of Christ*, © 1993 by Catholic Book Publishing Co. Artwork © 1996 by The Order of St. Benedict, Inc.

The Holy Rosary of Our Lady, the Most Blessed Virgin Mary



Passages from Sacred Scripture for the Joyful, Luminous, Sorrowful, and Glorious mysteries

PREPARATORY PRAYERS

IN THE NAME of the Father, and of the Son, and of the Holy Spirit. Amen.

I BELIEVE IN GOD, the Father almighty, Creator of heaven and earth; and in Jesus Christ, his only Son, our Lord; who was conceived by the Holy Spirit, born of the Virgin Mary, suffered under Pontius Pilate, was crucified, died, and was buried. He descended into hell; the third day he rose again from the dead; he ascended into heaven, sits at the right hand of God, the Father almighty; from there he shall come to judge the living and the dead.

I believe in the Holy Spirit, the holy Catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and life everlasting. Amen.

OUR FATHER, who art in heaven, hallowed be thy name; thy kingdom come; thy will be done, on earth as it is in heaven. Give us this day our daily bread; and forgive us our trespasses, as we forgive those who trespass against us; and lead us not into temptation, but deliver us from evil. Amen.

HAIL, MARY, full of grace! The Lord is with you. Blessed are you among women, and blessed is the fruit of your womb, Jesus. Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death. Amen. (Three times, for the virtues of faith, hope, and charity.)

GLORY BE to the Father, and to the Son, and to the Holy Spirit. As it was in the beginning, is now, and ever shall be, world without end. Amen.



Fifth Glorious Mystery: THE CORONATION

For eternal happiness

OUR FATHER...

“Who is this arising like the dawn, fair as the moon, resplendent as the sun?” (Song 6:10). HAIL MARY...

Like the rainbow gleaming against brilliant clouds, like blossoms in the days of spring (Sir 50:7, 8). HAIL MARY...

“I am the rose of Sharon, I am the lily of the valleys” (Song 2:1). HAIL MARY...

“My throne is in a pillar of cloud, and for eternity I shall remain” (Sir 24:4, 9). HAIL MARY...

“Approach me, you who desire me, and take your fill of my fruits” (Sir 24:19). HAIL MARY...

“I am like a vine putting out graceful shoots, my blossoms are sweeter than honey” (Sir 24:17, 20). HAIL MARY...

“And now, my children, listen to me; listen to instruction and learn to be wise” (Prov 8:32, 33). HAIL MARY...

“Happy are those who keep my ways, who day after day watch at my gates” (Prov 8:32, 34). HAIL MARY...

“For those who find me find life, and win favor from the Lord” (Prov 8:35). HAIL MARY...

Hail, Queen of mercy, protect us from the enemy, and receive us at the hour of death (Queenship of the Blessed Virgin Mary, gradual). HAIL MARY...

GLORY BE... O MY JESUS...



Fourth Glorious Mystery: THE ASSUMPTION

For devotion to Mary

OUR FATHER...

“Come then, my love, my lovely one, come” (Song 2:10). **HAIL MARY...**

“For see, winter is past, the rains are over and gone” (Song 2:11). **HAIL MARY...**

“Show me your face, let me hear your voice; for your voice is sweet and your face is beautiful” (Song 2:14). **HAIL MARY...**

And the sanctuary of God in heaven opened. Then came flashes of lightning and peals of thunder (Rv 11:19). **HAIL MARY...**

Now a great sign appeared in heaven: a woman, adorned with the sun (Rv 12:1). **HAIL MARY...**

She was standing on the moon, with the twelve stars on her head for a crown (Rv 12:1). **HAIL MARY...**

With jewels set in gold, and dressed in brocades, the king’s daughter is led in to the king (Ps 45:13, 14). **HAIL MARY...**

May you be blessed, my daughter, by God Most High, beyond all women on earth (Judith 13:23). **HAIL MARY...**

The trust you have shown shall not pass from the memories of men, but shall ever remind them of the power of God (Judith 13:25). **HAIL MARY...**

You are the glory of Jerusalem! You are the great pride of Israel! You are the highest honor of our people! (Judith 15:10). **HAIL MARY...**

GLORY BE... O MY JESUS...



PRAYERS BEFORE AND AFTER EACH DECADE

BEFORE EACH DECADE

COME, HOLY SPIRIT, come by means of the powerful intercession of the Immaculate Heart of Mary, your well-beloved spouse. (Optional.)

AFTER EACH DECADE

O MY JESUS, forgive us our sins, and save us from the fires of hell. Lead all souls to heaven, especially those most in need of your mercy.

MY LADY, help me to see God’s love for me today as I have never seen it before in my entire life. (Optional.)



**BEDWE US, HEAVEN FROM
ABOVE, YE CLOUDS
RAIN DOWN THE JUST ONE**

First Joyful Mystery: THE ANNUNCIATION

For the love of humility

OUR FATHER...

The angel Gabriel was sent by God to a virgin; and the virgin's name was Mary (Lk 1:26, 27). **HAIL MARY...**

“Rejoice, so highly favored! The Lord is with you” (Lk 1:28). **HAIL MARY...**

She was deeply disturbed by these words and asked herself what this greeting could mean (Lk 1:29). **HAIL MARY...**

But the angel said to her, “Mary, do not be afraid; you have won God's favor” (Lk 1:30). **HAIL MARY...**

“Listen! You are to conceive and bear a son, and you must name him Jesus” (Lk 1:31). **HAIL MARY...**

“He will be great and will be called Son of the Most High; and his reign will have no end” (Lk 1:32, 33). **HAIL MARY...**

Mary said to the angel, “But how can this come about, since I am a virgin?” (Lk 1:34). **HAIL MARY...**

“The Holy Spirit will come upon you and the power of the Most High will cover you with its shadow” (Lk 1:35). **HAIL MARY...**

“And so the child will be holy and will be called Son of God” (Lk 1:35). **HAIL MARY...**

“I am the handmaid of the Lord,” said Mary, “let what you have said be done to me” (Lk 1:38). **HAIL MARY... GLORY BE... O MY JESUS...**



Third Glorious Mystery: THE DESCENT OF THE HOLY SPIRIT

For love of God

OUR FATHER...

When Pentecost day came around, they had all met in one room (Acts 2:1). **HAIL MARY...**

Suddenly they heard what sounded like a powerful wind from heaven, the noise of which filled the entire house (Acts 2:2). **HAIL MARY...**

And something appeared to them that seemed like tongues of fire; these separated and came to rest on the head of each of them (Acts 2:3). **HAIL MARY...**

They were all filled with the Holy Spirit, and began to speak about the marvels of God (Acts 2:4, 11). **HAIL MARY...**

Now there were devout men living in Jerusalem from every nation under heaven (Acts 2:5). **HAIL MARY...**

And Peter stood up with the Eleven and addressed them in a loud voice (Acts 2:14). **HAIL MARY...**

“Repent and be baptized, and you will receive the gift of the Holy Spirit” (Acts 2:38). **HAIL MARY...**

And they accepted what he said and were baptized. That very day about three thousand were added to their number (Acts 2:41). **HAIL...**

Send forth your Spirit, and they shall be created; and you shall renew the face of the earth (Pentecost Alleluia). **HAIL MARY...**

Come, Holy Spirit, fill the hearts of your faithful: and kindle in them the fire of your love (Pentecost Alleluia). **HAIL MARY...**

GLORY BE... O MY JESUS...



Second Glorious Mystery: THE ASCENSION

For the virtue of hope

OUR FATHER...

Jesus took them out as far as the outskirts of Bethany, and lifting up his hands he blessed them (Lk 24:50). **HAIL MARY...**

He said, "All authority in heaven and on earth has been given to me" (Mt 28:18).

HAIL MARY...

"Go, therefore, make disciples of all the nations" (Mt 28:19). **HAIL MARY...**

"Baptize them in the name of the Father and of the Son and of the Holy Spirit" (Mt 28:19). **HAIL MARY...**

"And teach them to observe all the commands I gave you" (Mt 28:20). **HAIL MARY...**

"He who believes and is baptized will be saved" (Mk 16:16). **HAIL MARY...**

"He who does not believe will be condemned" (Mk 16:16). **HAIL MARY...**

"And know that I am with you always; yes, to the end of time" (Mt 28:20). **HAIL MARY...**

As he said this he was lifted up, and a cloud took him from their sight (Acts 1:9). **HAIL MARY...**

And so the Lord Jesus was taken up into heaven: there at the right hand of God he took his place (Mk 16:19). **HAIL MARY...**

GLORY BE...

O MY JESUS...



Second Joyful Mystery: THE VISITATION

For charity toward my neighbor

OUR FATHER...

Mary set out at that time and went to the hill country. And she went into Zechariah's house and greeted Elizabeth (Lk 1:39, 40). **HAIL MARY...**

Now as soon as Elizabeth heard Mary's greeting, the child leaped in her womb, and Elizabeth was filled with the Holy Spirit (Lk 1:41). **HAIL MARY...**

She gave a loud cry and said, "Of all women you are the most blessed, and blessed is the fruit of your womb" (Lk 1:42). **HAIL MARY...**

"Yes, blessed is she who believed that the promise made her by the Lord would be fulfilled" (Lk 1:45). **HAIL MARY...**

And Mary said, "My soul proclaims the greatness of the Lord and my spirit exults in God my savior, because he has looked upon his lowly handmaid" (Lk 1:46-48). **HAIL MARY...**

"Yes, from this day forward all generations will call me blessed, for the Almighty has done great things for me" (Lk 1:48, 49). **HAIL MARY...**

"Holy is his name, and his mercy reaches from age to age for those who fear him" (Lk 1:49, 50). **HAIL MARY...**

"He has shown the power of his arm, he has routed the proud of heart" (Lk 1:51). **HAIL MARY...**

"He has pulled down princes from their thrones and exalted the lowly" (Lk 1:52). **HAIL MARY...**

"The hungry he has filled with good things, the rich sent empty away" (Lk 1:53). **HAIL MARY... GLORY BE... O MY JESUS...**



Third Joyful Mystery: THE NATIVITY

For the spirit of poverty

OUR FATHER...

Now while Mary and Joseph were in Bethlehem, the time came for her to have her child (Lk 2:6). **HAIL MARY...**

And she gave birth to a son, her firstborn, and she wrapped him in swaddling clothes (Lk 2:7). **HAIL MARY...**

And she laid him in a manger, because there was no room for them at the inn (Lk 2:7). **HAIL MARY...**

In the countryside close by there were shepherds, and the angel of the Lord appeared to them (Lk 2:8, 9). **HAIL MARY...**

“Do not be afraid. Listen, I bring you news of great joy, a joy to be shared by the whole people” (Lk 2:10). **HAIL MARY...**

“Today in the town of David a savior has been born to you; he is Christ the Lord” (Lk 2:11). **HAIL MARY...**

“Glory to God in the highest heaven, and peace to men who enjoy his favor” (Lk 2:14). **HAIL MARY...**

And some wise men came from the east, and going in they saw the child with his mother Mary (Mt 2:1, 11). **HAIL MARY...**

And falling to their knees they did him homage. Then they offered him gifts of gold and frankincense and myrrh (Mt 2:11). **HAIL MARY...**

And Mary kept in mind all these things and pondered them in her heart (Lk 2:19). **HAIL MARY...**



First Glorious Mystery: THE RESURRECTION

For the virtue of faith

OUR FATHER...

“I tell you most solemnly, you will be sorrowful, but your sorrow will turn to joy” (Jn 16:20). **HAIL MARY...**

“For I shall see you again, and your hearts will be full of joy, and that joy no one shall take from you” (Jn 16:22). **HAIL MARY...**

At the first sign of dawn, they went to the tomb with the spices they had prepared (Lk 24:1). **HAIL MARY...**

And all at once the angel of the Lord, descending from heaven, came and rolled away the stone and sat on it (Mt 28:2). **HAIL MARY...**

“I know you are looking for Jesus, who was crucified. He is not here” (Mt 28:5, 6). **HAIL MARY...**

“He has risen from the dead. Come and see the place where he lay” (Lk 24:6; Mt 28:6, 7). **HAIL MARY...**

“And now he is going before you to Galilee; it is there you will see him” (Mt 28:7). **HAIL MARY...**

And the women came out from the tomb filled with awe and great joy (Mk 16:8; Mt 28:8). **HAIL MARY...**

“I am the resurrection and the life. If anyone believes in me, even though he dies he will live” (Jn 11:25). **HAIL MARY...**

“And whoever lives and believes in me will never die” (Jn 11:26). **HAIL MARY...**

GLORY BE... O MY JESUS...



Fifth Sorrowful Mystery: THE CRUCIFIXION

For final perseverance

OUR FATHER...

When they reached the place called The Skull, they crucified him (Lk 23:33). **HAIL MARY...**

Jesus said, "Father, forgive them; they do not know what they are doing" (Lk 23:34).

HAIL MARY...

One of the criminals crucified with him said, "Jesus, remember me when you come into your kingdom" (Lk 23:39, 42; Mk 15:32). **HAIL MARY...**

"Indeed, I promise you," he replied, "today you will be with me in paradise" (Lk 23:43). **HAIL MARY...**

Near the cross of Jesus stood his mother and the disciple he loved (Jn 19:25, 26). **HAIL MARY...**

Jesus said to his mother, "Woman, this is your son." Then to the disciple he said, "This is your mother" (Jn 19:26, 27). **HAIL MARY...**

And from that moment, the disciple made a place for her in his home (Jn 19:27). **HAIL MARY...**

And a darkness came over the whole land, and the earth quaked; and the veil of the Temple was torn in two (Lk 23:44; Mt 27:51). **HAIL MARY...**

And Jesus cried out in a loud voice, "Father, into your hands I commit my spirit" (Lk 23:46). **HAIL MARY...**

And bowing his head, he breathed his last (Jn 19:30; Lk 23:46). **HAIL MARY...**

GLORY BE... O MY JESUS...



Fourth Joyful Mystery: THE PRESENTATION

For the virtue of obedience

OUR FATHER...

Observing the Law of Moses, they took Jesus up to Jerusalem to present him to the Lord (Lk 2:22). **HAIL MARY...**

Now in Jerusalem there was a man named Simeon. He was an upright and devout man (Lk 2:25). **HAIL MARY...**

It had been revealed to him by the Holy Spirit that he would not see death until he had set eyes on the Anointed of the Lord (Lk 2:26). **HAIL MARY...**

And when the parents brought in the child Jesus, he took him into his arms and blessed God (Lk 2:27, 28). **HAIL MARY...**

"Now, Master, you can let your servant go in peace, just as you promised" (Lk 2:29). **HAIL MARY...**

"Because my eyes have seen the salvation which you have prepared for all the nations to see" (Lk 2:30, 31). **HAIL MARY...**

"A light to enlighten the pagans and the glory of your people Israel" (Lk 2:32). **HAIL MARY...**

And he said to Mary his mother, "You see this child: he is destined for the fall and for the rising of many in Israel, destined to be a sign that is rejected" (Lk 2:34). **HAIL MARY...**

"And a sword will pierce your own soul too—so that the secret thoughts of many may be laid bare" (Lk 2:35). **HAIL MARY...**

And they went back to Nazareth, and the child grew to maturity, and he was filled with wisdom; and God's favor was with him (Lk 2:39, 40). **HAIL MARY... GLORY BE... O MY JESUS...**



Fifth Joyful Mystery: THE FINDING OF JESUS IN THE TEMPLE

For the virtue of piety

OUR FATHER...

When Jesus was twelve years old, they went up to Jerusalem for the feast of the Passover (Lk 2:41, 42). **HAIL MARY...**

When they were on their way home, the boy Jesus stayed behind in Jerusalem without his parents knowing it (Lk 2:43). **HAIL MARY...**

They went back to Jerusalem looking for him everywhere. Three days later, they found him in the Temple (Lk 2:45, 46). **HAIL MARY...**

He was sitting among the doctors, listening to them, and asking them questions (Lk 2:46). **HAIL MARY...**

And all those who heard him were astounded at his intelligence and his replies (Lk 2:47). **HAIL MARY...**

“My child, why have you done this to us? See how worried your father and I have been, looking for you” (Lk 2:48). **HAIL MARY...**

“Why were you looking for me? Did you not know that I must be busy with my Father’s affairs?” (Lk 2:49). **HAIL MARY...**

But they did not understand what he meant (Lk 2:50). **HAIL MARY...**

He then went down with them and came to Nazareth and lived under their authority (Lk 2:51). **HAIL MARY...**

And Jesus increased in wisdom, in stature, and in favor with God and men (Lk 2:52). **HAIL MARY...**

GLORY BE... O MY JESUS...



Fourth Sorrowful Mystery: THE CARRYING OF THE CROSS

For the virtue of patience

OUR FATHER...

“If anyone wants to be a follower of mine, let him renounce himself” (Lk 9:23). **HAIL MARY...**

“And take up his cross every day and follow me” (Lk 9:23). **HAIL MARY...**

And they led him out to crucify him, carrying his own cross (Jn 19:17; Mk 15:21). **HAIL MARY...**

And they seized on a man, Simon from Cyrene, and made him shoulder the cross and carry it behind Jesus (Lk 23:26). **HAIL MARY...**

“Shoulder my yoke and learn from me” (Mt 11:29). **HAIL MARY...**

“For I am gentle and humble in heart” (Mt 11:29). **HAIL MARY...**

“And you will find rest for your souls. Yes, my yoke is easy and my burden light” (Mt 11:29, 30). **HAIL MARY...**

Large numbers of people followed him, and of women too, who mourned and lamented for him (Lk 23:27). **HAIL MARY...**

But Jesus turned to them and said, “Daughters of Jerusalem, do not weep for me; weep rather for yourselves and for your children” (Lk 23:28). **HAIL MARY...**

“For if men use the green wood like this, what will happen when it is dry?” (Lk 23:31). **HAIL MARY...**

GLORY BE... O MY JESUS...



Third Sorrowful Mystery: THE CROWNING WITH THORNS

For moral courage

OUR FATHER...

The soldiers led him away to the Praetorium. Then they stripped him and dressed him up in purple (Mk 15:16, 17; Mt 27:28). **HAIL MARY...**

And having twisted some thorns into a crown they put this on his head and placed a reed in his right hand (Mt 27:29). **HAIL MARY...**

To make fun of him they knelt to him, saying, “Hail, king of the Jews!” (Mt 27:29). **HAIL MARY...**

And they spat on him and took the reed and struck him on the head (Mt 27:30). **HAIL MARY...**

Then Pilate took some water, washed his hands in front of the crowd, and said, “I am innocent of this man’s blood. It is your concern” (Mt 27:24). **HAIL MARY...**

Jesus then came out wearing the crown of thorns and the purple robe (Jn 19:5). **HAIL MARY...**



“Here is your king,” said Pilate. “Take him away!” they said. “Crucify him!” (Jn 19:15). **HAIL MARY...**

“Why, what harm has he done?” But they shouted all the louder, “Crucify him!” (Mk 15:14). **HAIL MARY...**

“Do you want me to crucify your king?” The chief priests answered, “We have no king except Caesar” (Jn 19:15). **HAIL MARY...**

So Pilate, anxious to placate the crowd, handed him over to be crucified (Mk 15:15). **HAIL MARY...**

GLORY BE... O MY JESUS...

First Luminous Mystery: THE BAPTISM OF THE LORD

For living my baptismal promises

OUR FATHER...

In the beginning was the Word, and the Word was with God, and the Word was God (Jn 1:1). **HAIL MARY...**

There was a man sent from God, whose name was John. He was not the light, but came to bear witness to the light (Jn 1:6,8). **HAIL MARY...**

For our sake God made him to be sin who knew no sin, so that in him we might become the righteousness of God (2 Cor 5:21). **HAIL MARY...**

Jesus came from Galilee to John at the Jordan, to be baptized by him (Mt 3:13). **HAIL MARY...**

John tried to refuse him with the protest, “I should be baptized by you, yet you come to me!” (Mt 3:14). **HAIL MARY...**

Jesus answered him, “Let it be so now; for thus it is fitting for us to fulfill all righteousness.” Then he consented (Mt 3:15). **HAIL MARY...**

When Jesus was baptized... behold, the heavens were opened and he saw the Spirit of God descending like a dove, and alighting on him (Mt 3:16). **HAIL MARY...**

Lo, a voice from heaven, saying, “This is my beloved Son, with whom I am well pleased” (Mt 3:17). **HAIL MARY...**

The Spirit immediately drove him out into the wilderness. (Mk 1:12). **HAIL MARY...**

Jesus said, “I am the light of the world; he who follows me will not walk in darkness, but will have the light of life” (Jn 8:12). **HAIL MARY...**

GLORY BE... O MY JESUS...



Second Luminous Mystery: THE WEDDING FEAST AT CANA

For doing whatever Jesus says

OUR FATHER...

On the third day there was a marriage at Cana in Galilee, and the mother of Jesus was there (Jn 2:1). **HAIL MARY...**

Jesus also was invited to the marriage, with his disciples (Jn 2:2). **HAIL MARY...**

When the wine ran short, the mother of Jesus said to him, “They have no wine” (Jn 2:3). **HAIL MARY...**

And Jesus said to her, “O woman, what have you to do with me? My hour has not yet come” (Jn 2:4). **HAIL MARY...**

His mother said to the servants, “Do whatever he tells you” (Jn 2:5). **HAIL MARY...**

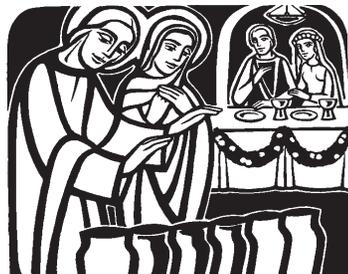
Now six stone jars were standing there, for the Jewish rites of purification, each holding twenty or thirty gallons. Jesus said to them, “Fill the jars with water” (Jn 2:6-7). **HAIL MARY...**

He said to them, “Now draw some out, and take it to the steward of the feast” (Jn 2:8). **HAIL MARY...**

When the steward of the feast tasted the water now become wine, he called the bridegroom and said to him, “Every man serves the good wine first, but you have kept the good wine until now” (Jn 2:9-10). **HAIL MARY...**

This, the first of his signs, Jesus did at Cana in Galilee, and manifested his glory (Jn 2:11). **HAIL MARY...**

Jesus manifested his glory and his disciples believed in him (Jn 2:11). **HAIL MARY...
GLORY BE... O MY JESUS...**



Second Sorrowful Mystery: THE SCOURGING AT THE PILLAR

For the virtue of purity

OUR FATHER...

They had Jesus bound and handed him over to Pilate. Pilate questioned him, “Are you the king of the Jews?” (Mk 15:1, 2). **HAIL MARY...**

Jesus replied, “Mine is not a kingdom of this world; but yes, I am a king” (Jn 18:36, 37). **HAIL MARY...**

“I came into the world for this: to bear witness to the truth; and all who are on the side of truth listen to my voice” (Jn 18:37). **HAIL MARY...**

“Truth?” said Pilate, “What is that?”; and with that he went out again to the Jews and said, “I find no case against him” (Jn 18:38). **HAIL...**

“So I shall have him flogged and then let him go.” Pilate then had Jesus taken away and scourged (Lk 23:16; Jn 19:1). **HAIL MARY...**

Despised and rejected by men, a man of sorrows (Is 53:3). **HAIL MARY...**

Harshly dealt with, he bore it humbly, like a lamb that is led to the slaughterhouse (Is 53:7). **HAIL MARY...**

Yet he was pierced through for our faults, crushed for our sins (Is 53:5). **HAIL MARY...**

Ours were the sufferings he bore, ours the sorrows he carried (Is 53:4). **HAIL MARY...**

On him lies a punishment that brings us peace, and through his wounds we are healed (Is 53:5). **HAIL MARY...**

GLORY BE... O MY JESUS...



First Sorrowful Mystery: THE AGONY IN THE GARDEN

For true contrition

OUR FATHER...

Jesus came with them to Gethsemane. And sadness came over him, and great distress (Mt 26:36, 37). **HAIL MARY...**

Then he said, "My soul is sorrowful to the point of death. Wait here and keep awake with me" (Mt 26:38). **HAIL MARY...**

Then he withdrew from them, and knelt down and prayed (Lk 22:41). **HAIL MARY...**

"Father, if you are willing, take this cup away from me. Nevertheless, let your will be done, not mine" (Lk 22:42). **HAIL MARY...**

Then an angel appeared to him, coming from heaven to give him strength (Lk 22:43). **HAIL MARY...**

In his anguish he prayed even more earnestly (Lk 22:44). **HAIL MARY...**

And his sweat fell to the ground like great drops of blood (Lk 22:44). **HAIL MARY...**

Then he came back to his disciples and found them sleeping, and he said, "So you had not the strength to keep awake with me one hour?" (Mt 26:40). **HAIL MARY...**

"You should be awake, and praying not to be put to the test" (Mt 26:41). **HAIL MARY...**

"The spirit is willing, but the flesh is weak" (Mt 26:41). **HAIL MARY...**

GLORY BE... O MY JESUS...



Third Luminous Mystery: THE PROCLAMATION OF THE GOSPEL

For seeking God's forgiveness

OUR FATHER...

When he saw the crowds, he went up the mountain, and after he had sat down, his disciples came to him (Mt 5:1). **HAIL MARY...**

He began to teach them, saying: "Blessed are the poor in spirit, for theirs is the kingdom of heaven" (Mt 5:2-3). **HAIL MARY...**

"Blessed are they who mourn, for they will be comforted" (Mt 5:4). **HAIL MARY...**

"Blessed are the meek, for they will inherit the land" (Mt 5:5). **HAIL...**

"Blessed are they who hunger and thirst for righteousness, for they will be satisfied" (Mt 5:6). **HAIL MARY...**

"Blessed are the merciful, for they will be shown mercy" (Mt 5:7). **HAIL MARY...**

"Blessed are the pure of heart, for they will see God" (Mt 5:8). **HAIL MARY...**

"Blessed are the peacemakers, for they will be called children of God" (Mt 5:9). **HAIL MARY...**

"Blessed are they who are persecuted for the sake of righteousness, for theirs is the kingdom of heaven" (Mt 5:10). **HAIL MARY...**

"Blessed are you when they insult you and persecute you and utter every kind of evil against you falsely because of me. Rejoice and be glad, for your reward will be great in heaven" (Mt 5:11). **HAIL MARY... GLORY BE... O MY JESUS...**



Fourth Luminous Mystery: THE TRANSFIGURATION

For becoming a new person in Christ

OUR FATHER...

He took with him Peter and John and James, and went up on the mountain to pray (Lk 9:28).

HAIL MARY...

As he was praying, the appearance of his countenance was altered, and his raiment became dazzling white (Lk 9:29).

Behold, two men talked with him, Moses and Elijah, who appeared in glory (Lk 9:30).

Peter said, "Master, it is well that we are here; let us make three booths, one for you and one for Moses and one for Elijah" (Mk 9:5).

As he said this, a cloud came and overshadowed them; and they were afraid as they entered the cloud (Lk 9:34).

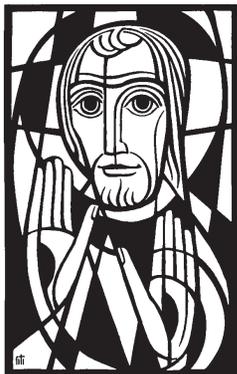
A voice from the cloud said, "This is my beloved Son with whom I am well pleased; listen to him" (Mt 17:5).

When the disciples heard this, they fell on their faces, and were filled with awe. But Jesus came and touched them, saying, "Rise, and have no fear" (Mt 17:6-7).

When they lifted up their eyes, they saw no one but Jesus only (Mt 17:8).

As they were coming down the mountain, Jesus commanded them, "Tell no one the vision, until the Son of Man is raised from the dead" (Mt 17:9).

So they kept the matter to themselves, questioning what the rising from the dead meant (Mk 9:10).



Fifth Luminous Mystery: THE INSTITUTION OF THE EUCHARIST

For active participation at Mass

OUR FATHER...

Now before the feast of the Passover, when Jesus knew that his hour had come to depart, having loved his own who were in the world, he loved them to the end (Jn 13:1).

Jesus sent Peter and John, saying, "Go and prepare the Passover for us, that we may eat it" (Lk 22:8).

"When you go into the city, a man carrying a jar of water will meet you; follow him into the house which he enters" (Lk 22:10).

"Tell the master of the house, 'The Teacher says to you, Where is the guest room, where I am to eat the Passover with my disciples?' And he will show you a large upper room" (Lk 22:11-12).

They went, and found it as he had told them (Lk 22:13).

When the hour came, he said to them, "I have earnestly desired to eat this Passover with you before I suffer" (Lk 22:14-15).

He took bread, and when he had given thanks he broke it and gave it to them, saying, "This is my body which is given for you. Do this in remembrance of me" (Lk 22:19).

He took a cup, and when he had given thanks he gave it to them, saying, "Drink of it, all of you; for this is my blood of the covenant, which is poured out for many for the forgiveness of sins" (Mt 26:27-28).

"I shall not drink again of this fruit of the vine until that day when I drink it new with you in my Father's kingdom" (Mt 26:29).

When they had sung a hymn, they went out to the Mount of Olives (Mt 26:30).

